## KEY:

AR- Main Campus Activity Room Outings (off OVHL Campus) One on Ones

Delta Activity Room Channel 2500 Streaming Projected events all Homes Hallway Activity

## Delta March OVHL 2025 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM Newspaper/Mail Delivery 1030 Worship w/Alyson 1330 Baking w/ Alyson D3 1500 Aromatherapy D1 1600 Church Services Ch. 2500	31 Janice in Delta 1030 Moving to Music w/Alyson  1300 Arts and Crafts D2  1500 Baking D3	Happy Birthday!  Doug V. 3/04 Spud L. 3/20 Jack G. 3/31	AM One on Ones will be held by Alyson Monday-Thursday 0830-0930 PM One on Ones will be held by Tabby Tuesday- Friday 1600-1700, Saturday 0930-1030		Recreation Contacts: Delta: Madeline Neilson Assistant Rec Director Memory Care Coordinator Madeline.Neilson@ovhlebano n.org or ext. 5113 M-F Calendar may change due to weather, volunteer, and Veteran Request/Needs. Contact Recreation with concerns. R.E.D Friday: Remember Everyone Deployed by wearing RED	1 AM One on Ones 1030 Baking D2 1300 Catholic Services on Ch 2500 1300 Balloon Bop D3 1430 Tover
2 AM Newspaper/Mail Delivery 1030 Worship w/Alyson 1330 Baking w/ Alyson D1 1500 Aromatherapy D2 1600 Church Services Ch. 2500	3 AM One on Ones and Projected Events 1030 Moving to Music w/Alyson 1300 Country Drive 1500 Arts and Crafts D3	4 AM One on Ones  1030 Chair Yoga w/Tabby D1 1100 Memory Games w/Alyson D2 1300 Linda Playing Piano 1500 Group Exercise  PM One on Ones	5 AM One on Ones  1030 Bible Study w/ Tabby 1030 Arts and Crafts w/Alyson D2  PM Rec in CPR Training in AR  PM One on Ones	6 AM One on Ones 1030 Brain Games D1 w/Tabby  1100 Heart & Soul Wellness w/Alyson  1400 Music with Possibly Irish & Irish Happy Hour in the AR PM One on Ones	7 1030 Country Drive 1300 Ceramics D1 1500 Tover  PM One on Ones	8 AM One on Ones 1030 Baking D3 1300 Catholic Services on Ch 2500 1300 Balloon Bop D1 1430 Tover

9 AM Newspaper/Mail Delivery 1030 Worship w/Alyson 1330 Baking with Alyson D2 1500 Aromatherapy D3 1600 Church Services Ch. 2500	10 AM One on Ones 1030 Arts and Crafts  1330 Rhythm Works Drum Circle in AR  1500 Baking D1  17 St. Patrick's Day AM One on Ones	11 0830 Delta Team Meeting 1000 Smoothie Cart w/Alyson 1030 Chair Yoga w/Tabby D2  1400 All Staff 1500 Group Exercise PM One on Ones  18 AM One on Ones	AM One on Ones 1100 Music with Ron and Rachel in AR 1330 Birthday Social 1500 Hand Massages w/Alyson D1  PM One on Ones 19 AM One on Ones 1030 Bible Study w/	AM One on Ones 1030 Brain Games D2 w/Tabby 1100 Heart & Soul Wellness w/Alyson 1300 Walmart  PM One on Ones  20 AM One on Ones	14 1030 Country Drive 1300 Pioneer Elementary Minute to Win It Games in AR 1500 Tover PM One on Ones	15 AM One on Ones  1030 Baking D1  1300 Catholic Services on Ch 2500  1300 Balloon Bop D2  1430 Tover  22 AM One on Ones
Delivery 1030 Worship w/Alyson 1330 Baking with Alyson D3 1500 Aromatherapy D1 1600 Church Services Ch. 2500	1030 Moving to Music w/Alyson  1300 Country Drive  1500 Shamrock Shake Cart	1030 Lunch at The Point  1500 Group Exercise  PM One on Ones	Tabby 1100 Arts and Crafts w/Alyson D1  1400 Bunny Therapy in the AR  PM One on Ones	1030 Brain Games D3 w/Tabby 1100 Heart & Soul Wellness w/Alyson 1300 Sensory Fun w/Tabby D3  1330 Baking w/ Alyson D2  PM One on Ones	1300 Pioneer Elementary Minute to Win It Games in AR  1500 Ladies Tea Delta AR  PM One on Ones	1030 Baking D2  1300 Catholic Services on Ch 2500  1300 Balloon Bop D3  1430 Tover
23 AM Newspaper/Mail Delivery 1030 Worship w/Alyson 1330 Baking w/ Alyson D1 1500 Aromatherapy D2 1600 Church Services Ch. 2500	24 AM One on Ones  1030 Moving to Music w/Alyson  1300 Country Drive  1500 Arts and Crafts D3	25 0830 Delta Rec Meeting 1030 Brain Games w/Alyson D1 1030 Chair Yoga w/Tabby D3 1200 Ireland Cultural Lunch- RSVP ONLY 1430 Group Exercise PM One on Ones	26 AM One on Ones 1030 Bible Study w/ Tabby  1100 Arts and Crafts w/Alyson D3 1300 Time Capsule w/Alyson D2 1330 Ladies spa D1 w/ Tabby  PM One on Ones	27 1030 Brain Games D1 w/Tabby 1100 Heart & Soul Wellness w/Alyson 1300 Sensory Fun w/Tabby D2 1330 Baking w/ Alyson D3  PM One on Ones	28 Avery in Delta  1030 Country Drive  1300 Ceramics D3  1500 Tover  PM One on Ones	29 Avery in Delta AM One on Ones 1030 Baking D3 1300 Catholic Services on Ch 2500 1300 Balloon Bop D1 1430 Tover